

# Austin Behavioral Health Center

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## PARENT QUESTIONNAIRE

### INSTRUCTIONS

- 1.) Complete this questionnaire **before** your first appointment. (Do not separate questionnaire.)
- 2.) Mark items “N/A” that are not applicable to you or your child.
- 3.) Please bring in any *report cards, prior evaluations, and records* that you believe will help us understand your child.
- 4.) Please have your child’s teacher complete the Teacher’s Report Form and bring the completed form to the initial appointment.

1. Date: \_\_\_\_\_

Person completing form: \_\_\_\_\_

Relationship to Patient: \_\_\_\_\_

a. **CHILD'S** name: \_\_\_\_\_ Birthdate: \_\_\_\_\_ Age: \_\_\_\_\_

b. PARENT 1/ GUARDIAN name: \_\_\_\_\_ Birthdate: \_\_\_\_\_

Occupation: \_\_\_\_\_

Address: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Currently Employed: Y/N

Parent 1 phone: \_\_\_\_\_ Parent 2 cell phone \_\_\_\_\_

Work Phone: \_\_\_\_\_

c. PARENT 2/ GUARDIAN name: \_\_\_\_\_ Birthdate: \_\_\_\_\_

Occupation: \_\_\_\_\_

Address: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Currently Employed: Y/N

Work Phone: \_\_\_\_\_

d. STEPMOTHER'S name and occupation (if applicable):

\_\_\_\_\_

\_\_\_\_\_

STEPFATHER'S name and occupation (if applicable):

\_\_\_\_\_

\_\_\_\_\_

2a. Who referred you to this practice?

2b. Please identify reasons you are seeking treatment.

2c. What have you said to your child about this evaluation?

2d. Whose idea was it to have this evaluation?

2e. When did the problem begin?

2f. How have you tried to deal with the problem to date?

List your child's strengths and weaknesses.

Strengths	Weaknesses
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

**DO NOT WRITE ON THIS PAGE**

PLEASE LIST THE NAMES OF ALL FAMILY MEMBERS WITH WHOM THE CHILD LIVES:

<u>NAME</u>	<u>AGE</u>	<u>RELATION TO CHILD</u>
_____		
_____		
_____		
_____		
_____		
_____		
_____		
_____		

PLEASE LIST ANY PARENTS OR SIBLINGS LIVING OUTSIDE OF THE HOME:

<u>NAME</u>	<u>AGE</u>	<u>RELATION TO CHILD</u>
_____		
_____		
_____		
_____		
_____		

**FAMILY/ENVIRONMENTAL FACTORS**

Are the biological/adoptive parents divorced? \_\_\_\_\_ separated? \_\_\_\_\_ widowed? \_\_\_\_\_

If so, at what age was the child when these events occurred?  
\_\_\_\_\_  
\_\_\_\_\_

If biological/adoptive parents are divorced, who has legal custody? \_\_\_\_\_

Does the child visit the non-custodial parent? \_\_\_\_\_ If so, how often? \_\_\_\_\_  
\_\_\_\_\_

Who cared for the child during the first two years? Describe changes in caretakers:  
\_\_\_\_\_

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Was English the child's first language? \_\_\_\_\_ IF not, what was the first language and when did the child learn to speak English? \_\_\_\_\_

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Did the child attend daycare? \_\_\_\_\_ If so, at what ages? \_\_\_\_\_

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Did the child attend preschool? \_\_\_\_\_ If so, at what ages? \_\_\_\_\_

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Were both parents involved in the child's care? \_\_\_\_\_

Who stays with the child when the child is ill? \_\_\_\_\_

What forms of discipline do you use? \_\_\_\_\_

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Who usually disciplines the child? \_\_\_\_\_

Do both parents usually agree on discipline? Y/N If no, please elaborate: \_\_\_\_\_

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Are there differences in parenting style? Y/N If yes, please elaborate: \_\_\_\_\_

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How is affection shown? \_\_\_\_\_

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Do you have extended family in the area to help with the child? Y/N  
Describe: \_\_\_\_\_

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Does the child have a close relationship with an adult not presently living at home? (e.g., grandparent, relative, family friend) If so, who? \_\_\_\_\_

What other support systems do you have? \_\_\_\_\_

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Where do you turn for suggestions and information regarding parenting and child development?

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Is **Parent 1/Guardian** employed outside the home? Y/N

If so, where? \_\_\_\_\_ How many hours per week? \_\_\_\_\_

Is **Parent 2/Guardian** employed outside the home? Y/N

If so, where? \_\_\_\_\_ How many hours per week? \_\_\_\_\_

Mother's educational level: \_\_\_\_\_

Father's educational level: \_\_\_\_\_

Who watches your child after school hours? \_\_\_\_\_

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Does your child play outside in the neighborhood? \_\_\_\_\_

What activities does your child enjoy? \_\_\_\_\_

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What family activities do you enjoy? \_\_\_\_\_

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What stressors are you and your family currently experiencing? \_\_\_\_\_

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What kinds of jobs or household responsibilities does your child have? \_\_\_\_\_

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Does he/she do them willingly? \_\_\_\_\_ Without prompting? \_\_\_\_\_

Has your child ever had a psychological or psychiatric evaluation? \_\_\_\_\_

If so, please bring a copy. When and by Whom? \_\_\_\_\_

Has your child ever been hospitalized for emotional reasons? \_\_\_\_\_

Has your child had any prior therapy, psychological or psychiatric treatment? \_\_\_\_\_

Describe your child's and your response to treatment. What did you like/not like about treatment?

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The following is a checklist of twelve characteristics or conditions that may run in families. We are interested in whether anyone in the family other than this child has had any of these. Please put an X in the column of the family member(s) who have or have had each characteristic or condition. If more than one brother or sister has or has had one of these characteristics or conditions, put an X for each one in the appropriate column (e.g., if there were two brothers who had trouble learning how to read, you would put two X's next to item 2 under the column "Child's Brother(s)"). The "Others" column (for family members such as cousins, aunts, uncles, grandparents) should be used in the same way.

<b>FAMILY HISTORY</b>	<b>CHILD'S MOTHER</b>	<b>CHILD'S FATHER</b>	<b>CHILD'S BROTHER</b>	<b>CHILD'S SISTER</b>	<b>OTHER (SPECIFY)</b>
Hyperactive as a child					
Trouble learning to read					
Trouble with math					
Trouble with writing					
Speech problems					
Behavior problems in childhood					
In trouble as a teenager					
Kept back in school					
An honor student					
Intellectual Deficiency					
Depression, mania					
or Bipolar Disorder					
Drug or alcohol problems					
Anxiety					



**DO NOT WRITE ON THIS PAGE**

The following checklists help us to decide whether there are any medical factors that might be important. The checklist entitled “Possible Pregnancy Problems” concerns the pregnancy with this child, except for the last two items, which refer to previous pregnancies. The “Newborn Infant Problems” checklist is about the baby’s first month of life. Please read each list; then put an X in the appropriate column following each item.

<b>POSSIBLE PREGNANCY PROBLEMS</b>	<b>TRUE</b>	<b>NOT TRUE</b>	<b>NOT SURE</b>
Had bleeding during first 3 months			
Had bleeding during second 3 months			
Had bleeding during last 3 months			
Gained 30 or more pounds			
Specify:                   LBS.			
Had toxemia			
Had to take medications*			
Vomited often			
Got hurt or injured			
Gained less than 15 pounds			
Specify:                   LBS.			
Took narcotic drugs			
Drank much alcohol			
Had an infection			
Smoked one (or more) packs of			
cigarettes per day			
Labor lasted longer than 12 hours			
Specify:			
Labor lasted less than two hours			
Had a cesarean section.			
Specify Why:			
Had a difficult delivery			
Was put to sleep for delivery			
Had previous miscarriages			
Had previous premature baby(ies)			

Length of this pregnancy: \_\_\_\_\_ months

\*Specify any medications mother took during pregnancy: \_\_\_\_\_

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Other pregnancy problems/illnesses: \_\_\_\_\_

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<b>NEWBORN INFANT PROBLEMS</b>	<b>TRUE</b>	<b>NOT TRUE</b>	<b>NOT SURE</b>
Born with cord around neck			
Injured during birth			
Had trouble breathing			
Turned yellow (jaundice)			
Turned blue (cyanosis)			
Was a twin or triplet			
Had an infection			
Was given medications			
Had seizures (fits, convulsions)			
Had diarrhea			
Needed oxygen			
Was in hospital more than 7 days Specify Why:			
Gagged often			
Vomited often			
Born with heart defect			
Born with other defect(s)			
Had trouble sucking			
Had skin problems			
Was very jittery			
Baby's birth weight      LBS      OZ			

Please list any other problems

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

Describe your child's temperament as an infant and toddler: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

The checklist entitled "Health Problems" is about any medical problems the child may have had. The "Functional Problems" checklist includes personality or behavioral problems the child may had . In both lists, if the child has had any of these problems, please put an X in the first column and list the age(s) the problem occurred. These two checklists follow:

<b>FUNCTIONAL CONDITIONS</b>	<b>X</b>	<b>AGE(S)</b>
Feeding difficulty or eating problem		
Poor appetite		
Unwillingness to try new foods		
Very unpredictable appetite		
Overeating		
Colic		
Constipation		
Abdominal pains		
Trouble falling asleep		
Very unpredictable length of sleep		
Very heavy sleeping		
Overactivity		
Head banging		
Rocking in bed		
Temper tantrums		
Self-destructive behavior		
Difficulty in being comforted or consoled		
Stiffness or rigidity		
Looseness or floppiness		
Crying often and easily		
Shyness with strangers		
Bashfulness with new acquaintances		
Irritability		
Extreme reaction to noise or sudden movement		
Difficulty in keeping to a schedule		
Trouble getting satisfied		
Desire to be held too often		
Failure to be affectionate toward parents		
Unwillingness to go along with change in daily routine		
Tendency to make odd sounds, grunts, or snorts		

Was child breast-fed? \_\_\_\_\_ If so, until age \_\_\_\_\_.

HEALTH PROBLEMS	X	AGE(S)
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HEALTH PROBLEMS	X	AGE(S)
Ear infection(s)		
Ear Tubes		
Rashes or skin problems		
Meningitis		
Seizures (convulsions) or spells		
High fevers (over 103)		
Pneumonia		
Asthma		
Slow weight gain		
Trouble with ears or hearing		
Trouble with eyes or vision		
Diarrhea		
Hospitalization(s)		
Surgery (operations)		
Serious injury(ies)		
Food allergies		
Other allergies		
Anemia (low blood count)		
Lead poisoning		
Other poisoning or overdose		
Heart problems		
Kidney or urinary problems		
Head injury		
Got sick after a shot (Immunization)		

<p>Other important illness (specify):</p> <p>a.</p> <p>b.</p>
<p>Is your child taking any medications on an ongoing basis? (specify)</p> <p>a.</p> <p>b.</p>

The following is a checklist of early accomplishments of children. Please put the age at which this milestone first occurred in the column "AGE" next to the item. If there are items the child still cannot do, please mark these items with "NOT YET" in the "AGE" column. If they were within normal limits please write: **WNL**.

EARLY DEVELOPMENT	X	AGE(S)
Sat up without help		
Crawled		
Walked alone (10-15 steps)		
Walked up stairs		
Rode a tricycle		
Caught a big ball		
Spoke first words (Mama, Dada, etc.)		
Put words together (Daddy bye-bye, etc.)		
Spoke 2-3 word sentences		
Spoke clearly so strangers understood		
Used fingers to feed self		
Used a spoon		
Fully bowel trained		
Fully bladder trained		
Able to separate easily from mother		

What school does your child attend? \_\_\_\_\_

Special education or 504 services? Y/N If yes, what type and for what reason? \_\_\_\_\_

\_\_\_\_\_

Grade: \_\_\_\_\_ Teacher: \_\_\_\_\_

How does your child get along with this and other teachers they have had? \_\_\_\_\_

\_\_\_\_\_

Overall grades: \_\_\_\_\_

\_\_\_\_\_

Attendance: \_\_\_\_\_

Areas of difficulty: \_\_\_\_\_

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Social skills: \_\_\_\_\_

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Special programming or classes (Please include copies of ARD or 504 modifications): \_\_\_\_\_

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Likes or dislikes about school: \_\_\_\_\_

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EARLY EDUCATIONAL EXPERIENCE	DID WELL	HAD SOME PROBLEMS	HAD SERIOUS PROBLEMS	CAN'T SAY
Behavior in nursery school/preschool				
Learning to read in 1st and 2nd grade				
Reading level in 3rd to 6th grade				
Learning to write the alphabet				
Behavior in 1st and 2nd grade				
Behavior in 3rd and 4th grade				
Behavior in 5th and 6th grade				
Learning arithmetic in 1st, 2nd & 3rd grade				
Learning arithmetic in 4th, 5th & 6th grade				
Learning to spell in 1st, 2nd & 3rd grade				
Good study habits				
Learning to spell in 4th, 5th & 6th grade				
Learning to tell time				
Learning days of week, months of year				
Learning to swim				
Learning to ride a bicycle				
Learning to catch and throw a ball				
Learning to follow rules				
Learning to obey adults				
Learning to get along with other children				
Staying out of trouble				
Learning to write words/sentences				
Learning to hold a pencil properly				
Learning to trace and draw				
Learning cursive writing				
Getting homework done in 4th, 5th & 6th grade				
Acquiring good study habits				
Learning to pay attention in school				

The following is list of behaviors and characteristics. All children show some of these at some time during their lives. To the right of each item, please put an X in the column which best describes this child during the past six months. If a particular item does not describe the child, put an X in the column “Not applicable or not sure.”

**KEY**

Definitely applies = Is much more frequent and/or extreme than in others of the same age

Applies somewhat = Is sometimes more extreme than in others of the same age

Does not apply = Is usually appropriate or better than average for his or her age

<b>ASSOCIATED BEHAVIORS</b>	<b>DEFINITELY APPLIES</b>	<b>APPLIES SOMEWHAT</b>	<b>DOES NOT APPLY</b>
Is moody			
Has a bad temper			
Is a worrier			
Has bad dreams			
Sleeps or tries to sleep with parents			
Is often sad			
Is often very quiet			
Whines often			
Is fearful of being alone			
Is fearful of new situations, people, places			
Is often tired			
Has stomach aches or headaches often			
Wets bed or pants often			
Soils underwear/has accidents with bowel movements			
Overeats often			
Bites nails or sucks thumb			
Often complains of pains in arms or legs			
Has nervous twitches or tics			
Complains of feeling ill often			
Has constipation			
Is often too concerned about cleanliness/neatness			
Tells lies			
Often takes things from parents/siblings without permission			
Starts fights with other children			
Bullies other children			
Is fresh, rude to grownups			
Destroys objects at home			
Is fearless			
Is mean			
Eating Disorder			
Deliberately tries to make parents angry			

<b>ASSOCIATED BEHAVIORS</b>	<b>DEFINITELY APPLIES</b>	<b>APPLIES SOMEWHAT</b>	<b>DOES NOT APPLY</b>
Is cruel to animals			
Is a "loner"			
Has no real friends			
Has mostly older friends			
Gets bossed by other children			
Clings to adults			
Gets picked on			
Demands to be the center of attention			
Is not liked by other children			
Is slow to make friends			

Below is a list of positive or good behaviors. Please indicate which of these pertain to your child by putting an X in the appropriate column to the right of each item.

<b>ASSOCIATED STRENGTHS</b>	<b>DEFINITELY APPLIES</b>	<b>APPLIES SOMEWHAT</b>	<b>DOES NOT APPLY</b>
Has an even disposition, is easy to live with			
Usually seems happy			
Enjoys new experiences			
Easily becomes involved in many activities			
Takes pleasure in many activities			
Is affectionate			
Is kind or sympathetic if someone else is sad/hurt			
Is friendly and outgoing			
Plays well with other children			
Shares toys with others			
Accepts rules easily			
Plays gently with smaller children or animals			
Enjoys playing with other children			
Takes turns well			
Easily tolerates minor bumps and scratches			
Tolerates criticism well			
Handles frustrations well			
Is forgiving			
Stands up for himself/herself when necessary			
Recovers easily after disappointments			

**COMPLETE FOR CHILD NOT YET IN ELEMENTARY SCHOOL**

Note: Parents of older children may complete this as well, if their child had any of these behaviors as a toddler. In this section there is a list of sentences that parents use to describe their children. Please read each of these statements and place an X in the appropriate column.

**KEY**

Definitely applies = Is much more frequent and/or extreme than in others of the same age  
 Applies somewhat = Is sometimes more extreme than in others of the same age  
 Does not apply = Is usually appropriate or better than average for his or her age

<b>ACTIVITY/ATTENTION PROBLEMS</b>	<b>DEFINITELY APPLIES</b>	<b>APPLIES SOMEWHAT</b>	<b>DOES NOT APPLY</b>
His/her body is in constant motion			
His/her body is underactive			
His/her mind seems overactive			
He/she has trouble sitting through a meal			
He/she does things without thinking			
He/she starts things, but doesn't finish them			
At times, he/she doesn't seem to hear what you say			
He/she does things in the wrong order			
He/she doesn't realize when he/she has made a mistake			
He/she has trouble falling asleep at night			
He/she has trouble staying asleep at night			
He/she yawns often during the day			
He/she breaks things around the home			
He/she seems to do things the hard way			
He/she stares at things for long periods			
He/she listens to outside noises for long periods			
He/she gets distracted easily			
He/she likes to keep changing games			
He/she is hard to control on a car trip			
He/she can't keep his/her hands to himself/herself			
He/she seems to want things all the time			

**COMPLETE IF CHILD IS IN SCHOOL**

The following checklist contains phrases and sentences that parents use to describe their children as they see them at home. All children act in these ways some of the time. Please read each item and put an X in the column that you think pertains to this student compared to most others of the same age. Use the key below.

**KEY**

- Definitely applies = Is much more extreme than in others of the same age
- Applies somewhat = Is a little more extreme than in others of the same age
- Does not apply = Is not present or is present to a normal degree for this age

<b>ACTIVITY/ATTENTION PROBLEMS</b>	<b>DEFINITELY APPLIES</b>	<b>APPLIES SOMEWHAT</b>	<b>DOES NOT APPLY</b>
Can concentrate for only a short time unless things are very interesting			
Misses important details of what he/she is being told			
Seems to “burn out” or fatigue easily when expected to Concentrate			
Often seems lethargic or tired			
Doesn’t seem to plan or organize before doing things			
Is in a hurry to get work or chores over quickly instead of doing them carefully			
Has trouble memorizing things for school			
Learns a new skill or concept one day and then can’t seem to remember it a few days later			
Does the same job or task very well sometimes and extremely poorly at other times			
Receives very unpredictable (inconsistent) grades or test scores			
Often doesn’t notice when he/she makes mistakes			
Tends not to proofread or go back over his/her work			
Is a poor listener			
Seems to look around or stare a lot			
Says things that have little or no connection to what others are saying or what is going on			
Daydreams often; seems to be in his/her own world			
Is restless; gets bored easily			
Seems to want things or results right away and/or is hard to satisfy			
Thinks about friends or other students so much that he/she can’t work well			
Seems to disturb or annoy peers without realizing it			
Seems to have too much energy			
Is fidgety; has difficulty sitting still			
Moods are variable and hard to predict			
Gets into trouble without really meaning to			



Please add any information which you feel may help us better understand your child.

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Please attach a recent photograph of the child, if available, in the space below. This will help us remember him/her, if there is an inquiry from you after the evaluation. It is not essential, but it can be very useful. any size is acceptable.

**ATTACH PHOTOGRAPH HERE**



*This page is not necessary if your child has had a check-up in the last year*

**PHYSICIAN'S FORM** - PLEASE DO NOT TEAR THIS PAGE OUT TO MAIL.  
GIVE IT BACK TO THE PARENTS TO HAND CARRY. THANK YOU.

REASON FOR REFERRAL: \_\_\_\_\_  
Height: \_\_\_\_\_ Percentile: \_\_\_\_\_ Weight: \_\_\_\_\_ Percentile: \_\_\_\_\_  
Head Circumference: \_\_\_\_\_ Percentile: \_\_\_\_\_  
Blood Pressure: \_\_\_\_\_ / \_\_\_\_\_ General Appearance: \_\_\_\_\_  
Vision (Specify Test \_\_\_\_\_)  
Hearing (specify Test \_\_\_\_\_)

Place an X to the right of any abnormal findings. Cross out items not performed.

Hair and Scalp	Heart-Murmurs	Sensation
Skin	Abdomen-Appearance	Other Neurological
Eyes-Fundoscopy	Abdomen-Masses	Urinalysis
Eyes-Oculomotor	Genitalia-Hernia	Hemoglobin/hematocrit
Eyes-Other	Genitalia-Other	Other Items, Tests:
Ears-Tympanic Membranes	Anorectal	
Ears-Canal	Lymph Nodes	
Ears-Other	Extremities-Joints	
Nasopharynx	Extremities-Muscles	
Oropharynx	Extremities-Other	Immunizations (Data
Mouth-Teeth, Gums	Vertebral Column	Completed)
Mouth-Other	Cranial Nerves	DT Polio
Neck-Palpation	Reflex Intensity	Measles Mumps
Chest-Appearance	Reflex Symmetry	Rubella TB
Lungs-Auscultation	Pathological Reflexes	Other(s)
Heart-Rhythm, Rate	Gait	

Summary statement on findings and overall health: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Describe abnormal findings: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Please attach any psychological, educational, psychiatric or relevant evaluations.

**PLEASE CHECK HERE IF YOU WOULD LIKE A COPY OF THE DIAGNOSTIC ASSESSMENT.**

Physician Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Fax Number: \_\_\_\_\_